

LADIES' HomeJournal®

MARCH 2006

Stressed?

Try This Feel-Good
Natural Cure

Are Your Bones Healthy?

Know Your Risk

Our Favorite Funny Lady

Teri Hatcher

And a Salute to the Top 25
Funny Ladies We Love®

15 Fast Beauty Fixes for Lips, Lashes & More

WIN IT!

A Family Style Makeover

- New Wardrobe
- Beauty Loot
- 3-Day Getaway

Easy Money?

Scams Even
Smart Women Fall For

How to Make Your
Marriage More Intimate
BY RICK WARREN

5 Good-for-You Soups & Stews

From Hair... To There

Add length and *va va* volume with hair extensions. Celebrity stylist Ken Paves shows you how



Have you ever longed for an easy hairstyle change, one that would jazz up your look instantly without months of waiting for your hair to grow? Celebrities feel the same way. That's why they rely on their hairstylists to constantly deliver new looks. How do stylists do it? With hair extensions and hairpieces. And now the rest of us can afford them. "Extensions

let you test-drive a look without commitment by instantly adding length, thickness and texture to your natural hair style," says Ken Paves, celebrity stylist and creator of the Paves Professional hair-

CONTINUED



1 ADD INCHES

Paves swept the model's hair into a half-ponytail and clipped it from the rest of her hair. He then parted the remaining hair lengthwise and attached an 8-inch weft from the Put On Pieces Human Hair Clip-in Extension 14-inch set, \$225, near the part, securing the center clip first, then each side.



2 BUILD BODY

Next, Paves lifted a small section of hair from underneath the ponytail and attached a 1 1/2-inch weft directly beneath it. Bringing the same small section of hair back over the extension, he then attached a second 1 1/2-inch weft above it. This gave the hair more thickness and volume.



3 NATURAL TIE

"It's important to incorporate pieces of your own hair as you style extensions to make them look natural," Paves told us as he took pieces of the model's hair and the extensions and curled them together. Hot tools can be used on human hair extensions but never on synthetic pieces.



4 LONG & LUSCIOUS

Finally Paves attached a Long Curls Pin Up, \$24 (or try Scünci 20 inch Curly Faux Hair Clip, \$19.99), into the base of the ponytail, between the elastic and where the hair gathered. He fluffed out the piece with his fingers, then applied some hair spray to lock the style in place.