

As seen in **Woman's World** (March 2005)



PROBLEM Dull skin

SOLUTION: Papaya, pineapple and yogurt

WHY: The enzymes from the fruit and the yogurt target and destroy old, dry skin cells, instantly revealing a more radiant complexion.



Kitchen cures for problem skin!

You don't need to shell out a bundle of cash to get a glowing complexion this spring! Celebrity beauty guru, author and beauty expert, Amy Sedaris, shares her top kitchen beauty secrets for all natural, inexpensive facial masks you can do right at home.

PROBLEM: Dry skin
Ingredients: Avocado, egg yolk and honey
How to use: Mash avocado and mix with egg yolk and honey. Apply to face and neck. Wash off with warm water.

PROBLEM: Dull skin
Ingredients: Papaya, pineapple and yogurt
How to use: Blend papaya and pineapple with yogurt. Apply to face and neck. Wash off with warm water.

Get maximum mileage from all your beauty essentials!
 • **Eye shadow:** Use eye shadow to define your eyes and create a dramatic look.
 • **Lipstick:** Use lipstick to add color and definition to your lips.
 • **Blush:** Use blush to add a healthy glow to your cheeks.

Beauty Tips & Tricks
 • **Red eye:** Use a cold compress to reduce redness and swelling.
 • **Try the quick fix:** Use a hairbrush to remove dandruff from your scalp.
 • **Get perfectly lined eyes:** Use a cold eyeliner to prevent it from smudging.
 • **Prep your hair:** Use a hairbrush to detangle your hair before washing.

Use gravity to save money!
 Think you've hit the bottom of the bottle? Turn it upside down overnight—in the morning, there will be a few more days' worth of product at the mouth of the bottle.

Recycle your lipstick!
 Before you toss your empty lipstick, scoop the excess out of the well in the end of the tube and put it in an empty lip palette



Get perfectly lined eyes!

What's the secret weapon? Your freezer! The cold hardens eye liner and keeps it from breaking as you apply it. To get a precise line, just pop liner in the freezer for 10 minutes and sharpen before using.

Transform hair instantly!

The newest clip-in hair extensions—ones that you can put in or take out in seconds—are made from real hair! Unlike synthetic ones, these extensions can withstand the heat of a curling iron and hot rollers—and they can even be cut and highlighted to match your own style! Available at www.easihair.com.

Banish under-eye circles

To conceal dark under-eye circles, look at them closely to see what color they are to choose the cover-up that'll hide them best! If they have a gray cast, apply a soft pink eye shadow to the area, and if they look more blue, use a light peach color instead.